

Appendix 1: The MACPT conversation tool

Using the conversation tool

An ideal pain assessment is when the person with pain leads the discussion and describes what troubles them most. By asking them to select three words from the conversation prompt that most closely match their experience of pain and then asking them to explain their choices provides a strong introduction to a holistic assessment.

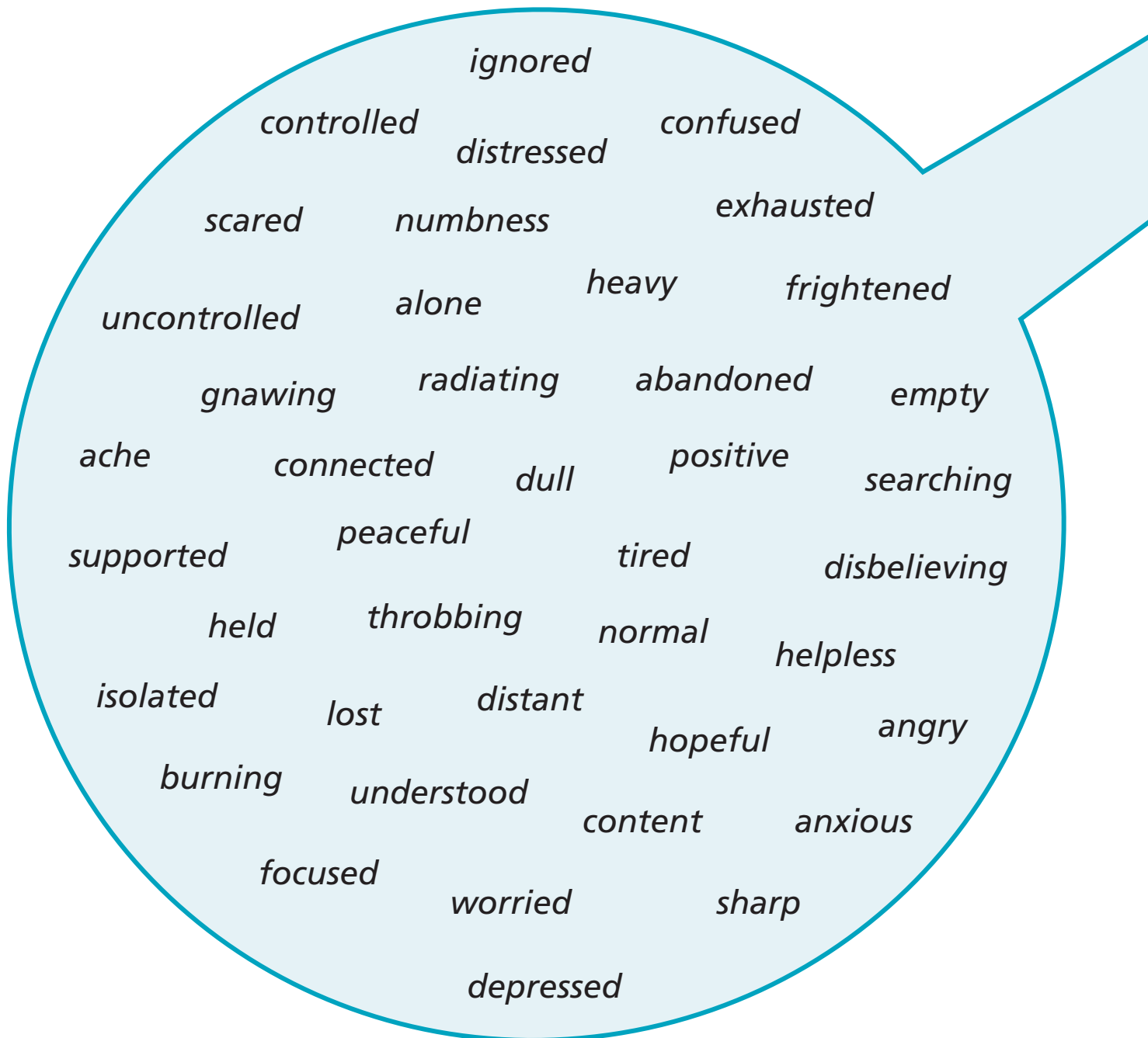
- Ask the person being assessed to circle three words from the conversation prompt overleaf that most closely match their experience of pain; give them time to think about their selection
- Ask the person to explain their choices, starting with the word that they feel most strongly represents their recent experience
- Listen carefully to what the person has to say, only prompting when necessary
- When the person has finished explaining their choice in their own words, ask questions to gain a deeper understanding of their experience of pain
- Use what you have learned to inform further assessments and the person's pain management plan



Managing Advanced Cancer Pain Together conversation tool

Everyone experiences pain differently. You might find it has an impact on your body, your sense of well-being and how you feel about yourself, or your relationships with others and the world around you.

Please circle three words that best describe your recent experience of pain



Please cut along the dashed line

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The MACPT group would like to acknowledge sponsorship from Amgen (Europe) GmbH who provided an educational grant to allow the group to meet and develop the guidance. Amgen had no editorial input into the content of the guidance.

Medical writing assistance was provided by Connect2 CME Ltd (Tunbridge Wells, Kent, UK).



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